

VossCare

Group

*Empowering Lives.
Strengthening Care.*



NIGHT / OVERNIGHT CARE

SERVICE BROCHURE

NIGHT / OVERNIGHT CARE

Peace of mind knowing someone is there through the night when you need it most.

Night-time can be a vulnerable period for many individuals, especially those who feel anxious, disoriented, or unsafe when alone. Our Night / Overnight Care service ensures that a trained carer is present throughout the night to provide reassurance, comfort, and immediate assistance whenever needed.

Whether you require waking nights (where the carer remains awake and alert) or sleeping nights (where the carer rests but is available if called upon), we tailor support to each person's safety needs, routines, and health conditions. This service is ideal for individuals living alone, those at risk of falls, or anyone who simply needs overnight monitoring and reassurance.



WHAT NIGHT / OVERNIGHT CARE SERVICE INCLUDES

Night-Time Personal Care

- ♥ Support with washing, changing & bedtime routines
- ♥ Assistance with continence care during the night
- ♥ Morning personal care to start the day comfortably

Medication Support

- ♥ Medication prompts or administration at scheduled times
- ♥ Monitoring to ensure medications are taken safely

Mobility & Safety Assistance

- ♥ Help with moving safely around the home
- ♥ Support with toileting and transfers
- ♥ Fall-prevention and gentle reassurance

Specialist Support for Complex Needs

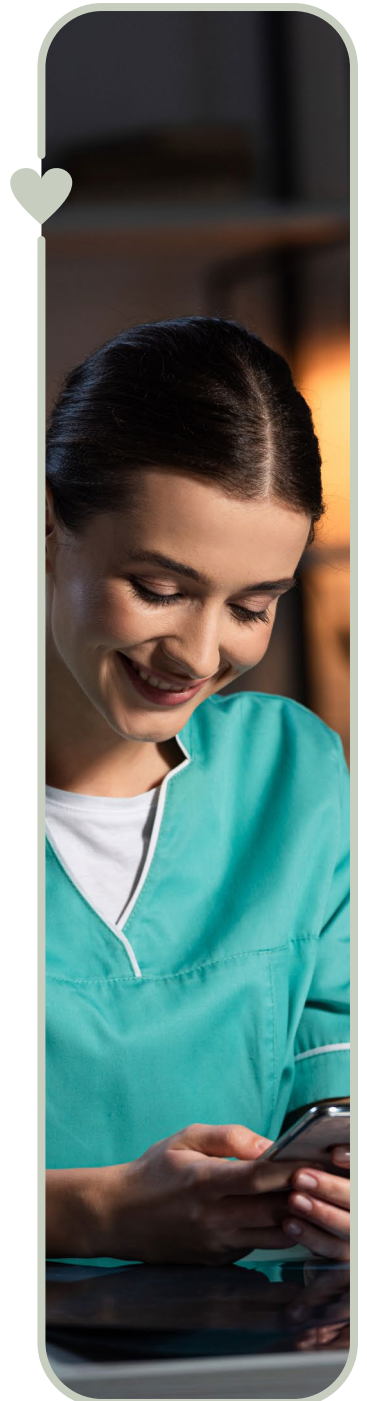
- ♥ Dementia-related confusion or anxiety
- ♥ Night-time wandering or disorientation
- ♥ Support following illness, surgery, or decline in mobility

Monitoring, Comfort & Emotional Reassurance

- ♥ Regular wellbeing checks throughout the night
- ♥ Calming presence to reduce anxiety or distress
- ♥ Immediate response if help is needed

Family Respite

- ♥ Confidence knowing a loved one is being watched over
- ♥ Reduced stress for family carers who need a full night's rest



WHO NIGHT CARE IS IDEAL FOR



Individuals who **wake frequently or require overnight personal care**



People with **dementia, confusion, or night-time anxiety**



Those recovering from **surgery or illness**



Individuals at **risk of falls or wandering**



People who **live alone and feel vulnerable at night**



Families who **need temporary or regular overnight respite**

WHY CHOOSE VOSS OVERNIGHT CARE?



Flexible service: waking or sleeping nights



A trained professional present throughout the night



Enhanced safety and fall prevention



Immediate assistance in case of discomfort or emergencies



Improved sleep and reduced anxiety for service users and families

Our priority is to create a **safe, calm, and reassuring** environment so individuals can rest peacefully.

A healthcare worker in light blue scrubs is shown from the chest up, smiling and having her arms around an elderly Black woman. The woman is wearing an orange short-sleeved shirt and has her eyes closed, appearing to be in a state of relaxation or sleep. The background is a softly lit room, possibly a hospital or care facility, with a desk and some equipment visible in the distance.

OUR
PROMISE

Sleep soundly —
with expert care
throughout the night.

ABOUT US

Led by Decades of Clinical, Regulatory & Healthcare Leadership

Voss Care Group was founded with a clear purpose: to raise the standard of homecare, supported living and community support across the UK. Our leadership brings **over 40 years of combined experience** across nursing, public health, CQC regulation, clinical advisory services, and healthcare quality improvement.

Our services are shaped and overseen by **Blessing Mati Gwindi**, a highly experienced healthcare and regulatory professional with more than 20 years' experience across nursing, safeguarding, public health, and clinical advisory roles. As a former Care Quality Commission (CQC) Primary Care Inspector, Blessing has inspected GP practices, private clinics, hospitals, and social care services, leading safeguarding enquiries, governance reviews, and risk-based inspections. This regulatory insight ensures that Voss Care Group is built on exceptional compliance standards and a culture of safe, high-quality care.

Working alongside her is **Garikayi Furamera**, an accomplished healthcare strategist with an extensive background in healthcare regulation, commissioning, service design, and NHS stakeholder engagement. His experience includes senior roles at the Care Quality Commission (CQC), the National Institute for Health and Care Excellence (NICE), and multiple NHS organisations. He has led policy development, service improvement programmes, enforcement decisions, complex inspections, and national guideline implementation. His expertise strengthens our commitment to evidence-based, outcome-focused care that genuinely improves lives.



Together, Blessing and Garikayi bring:

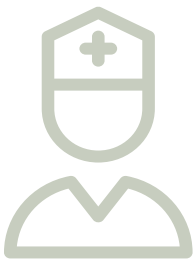
Deep regulatory expertise
ensuring consistent CQC
readiness and compliance
excellence

Clinical credibility
grounded in nursing,
health visiting, and
clinical triage

**Strategic healthcare
leadership** across NHS
commissioning, service
development, and
quality improvement

**Strong governance and
risk management capability**

**A commitment to evidence-based
practice and continuous improvement**



Under their leadership, Voss Care Group delivers a service built on compassion, professionalism, and accountability, ensuring every individual receives personalised care that is safe, respectful, and empowering.



OUR VISION

To become one of the UK's most trusted care providers, recognised for delivering outstanding care in homes and communities nationwide.

OUR VALUES

- ♥ Openness & Transparency
- ♥ Compassion & Empathy
- ♥ Dignity & Respect
- ♥ Safety
- ♥ Empowerment & Choice
- ♥ Collaboration & Community



We believe every person deserves to live well, feel supported, and remain connected to the life and people they love. **Voss Care Group exists to make that possible.**

VossCare
Group

VossCare

Group

www.vosscaregroup.com

Astra House, The Common,
Cranleigh, England, GU6 8RZ
Phone: +44 7497 072 422
Email: care@vosscaregroup.com