

VossCare

Group

*Empowering Lives.
Strengthening Care.*

RESPIRE CARE (SHORT-TERM RELIEF)

SERVICE BROCHURE



RESPITE CARE

(SHORT-TERM RELIEF)

Reliable short-term care so families and carers can rest, recharge, or take a break.

Caring for a loved one is meaningful and rewarding, but it can also be physically and emotionally demanding. Respite Care provides temporary, reliable support, allowing families and full-time carers to take essential time for themselves while knowing their loved one is in safe, capable hands.

Whether needed for a few hours, a few days, or several weeks, we offer flexible respite packages delivered at home. This may include visiting care, overnight support, or short-term live-in care, depending on what works best for your family. With Voss Care Group, you can take a break with complete peace of mind.



WHAT RESPITE CARE SERVICE INCLUDES

Short-Term Personal Support

- ♥ Washing, dressing & personal care
- ♥ Mobility and transfer assistance
- ♥ Medication prompts or administration

Home-Based Support

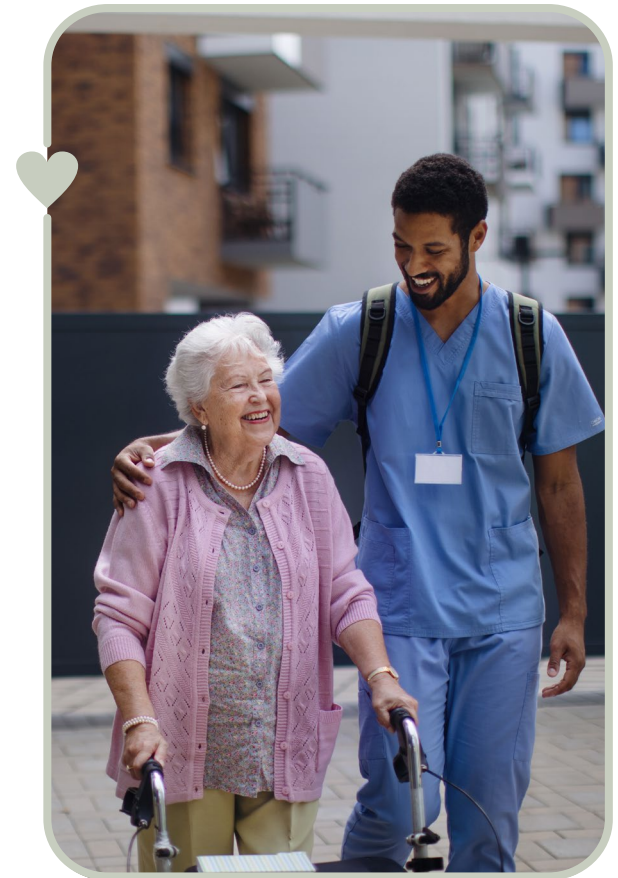
- ♥ Meal preparation & hydration monitoring
- ♥ Light domestic tasks & laundry
- ♥ Maintaining daily routines and structure

Companionship & Emotional Wellbeing

- ♥ Friendly conversation and reassurance
- ♥ Support with hobbies, activities & social interaction
- ♥ Continual monitoring for comfort and safety

Flexible Visit Options

- ♥ Hourly visits
- ♥ Full daytime or overnight care
- ♥ Short-term live-in support



WHEN RESPITE CARE HELPS



Respite care is ideal for families who need temporary support due to:



Planned holidays
or travel



Work or family
commitments



Unexpected
emergencies



Carer illness, stress,
or exhaustion



Short-term recovery
after surgery or
hospital discharge

It can also be used as a trial period for families considering longer-term support but wanting to start gently.

WHY CHOOSE REABLEMENT

SUPPORT FROM VOSS



Flexible and tailored
to your schedule



Delivered safely in the
comfort of home



Supports both the
individual and
the family



Prevents burnout and
maintains carer wellbeing



Ensures continuity
of routines and
emotional stability

Whether you're stepping away for a day or several weeks, **we make sure life at home continues smoothly.**

OUR PROMISE

Take the break you need, knowing your loved one is **safe, supported, and cared for.**



ABOUT US

Led by Decades of Clinical, Regulatory & Healthcare Leadership

Voss Care Group was founded with a clear purpose: to raise the standard of homecare, supported living and community support across the UK. Our leadership brings **over 40 years of combined experience** across nursing, public health, CQC regulation, clinical advisory services, and healthcare quality improvement.

Our services are shaped and overseen by **Blessing Mati Gwindi**, a highly experienced healthcare and regulatory professional with more than 20 years' experience across nursing, safeguarding, public health, and clinical advisory roles. As a former Care Quality Commission (CQC) Primary Care Inspector, Blessing has inspected GP practices, private clinics, hospitals, and social care services, leading safeguarding enquiries, governance reviews, and risk-based inspections. This regulatory insight ensures that Voss Care Group is built on exceptional compliance standards and a culture of safe, high-quality care.

Working alongside her is **Garikayi Furamera**, an accomplished healthcare strategist with an extensive background in healthcare regulation, commissioning, service design, and NHS stakeholder engagement. His experience includes senior roles at the Care Quality Commission (CQC), the National Institute for Health and Care Excellence (NICE), and multiple NHS organisations. He has led policy development, service improvement programmes, enforcement decisions, complex inspections, and national guideline implementation. His expertise strengthens our commitment to evidence-based, outcome-focused care that genuinely improves lives.



Together, Blessing and Garikayi bring:

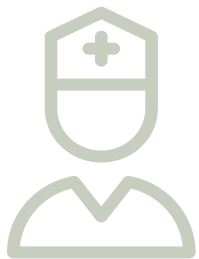
Deep regulatory expertise
ensuring consistent CQC
readiness and compliance
excellence

Clinical credibility
grounded in nursing,
health visiting, and
clinical triage

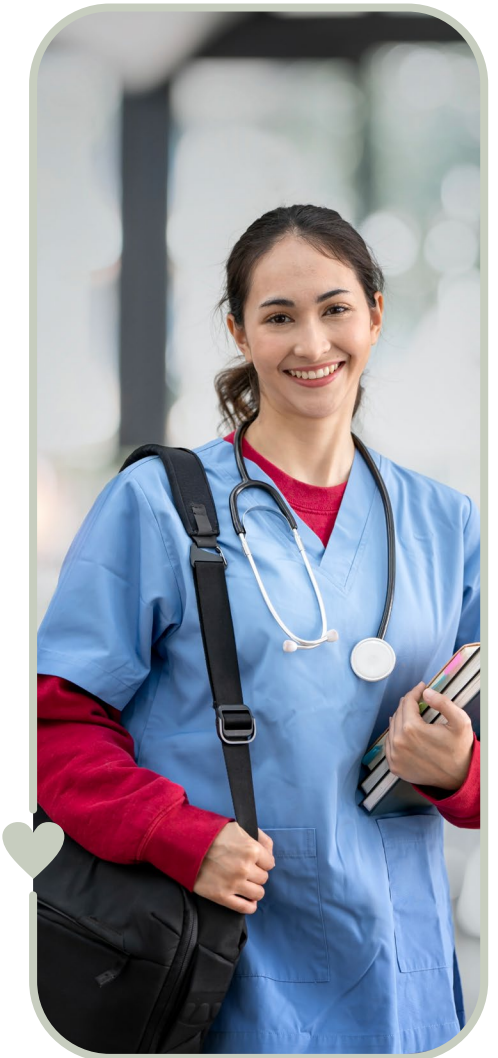
**Strategic healthcare
leadership** across NHS
commissioning, service
development, and
quality improvement

**Strong governance and risk
management capability**

**A commitment to evidence-based
practice and continuous improvement**



Under their leadership, Voss Care Group delivers a service built on compassion, professionalism, and accountability, ensuring every individual receives personalised care that is safe, respectful, and empowering.



OUR VISION

To become one of the UK's most trusted care providers, recognised for delivering outstanding care in homes and communities nationwide.

OUR VALUES

- ♥ Openness & Transparency
- ♥ Compassion & Empathy
- ♥ Dignity & Respect
- ♥ Safety
- ♥ Empowerment & Choice
- ♥ Collaboration & Community



We believe every person deserves to live well, feel supported, and remain connected to the life and people they love. **Voss Care Group exists to make that possible.**

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