

VossCare

Group

*Empowering Lives.
Strengthening Care.*

SUPPORTED LIVING SERVICES

SERVICE BROCHURE



SUPPORTED LIVING SERVICES

Empowering adults with additional needs to live independently and thrive.

Our Supported Living services are designed to help people build the skills, confidence, and independence they need to live fulfilling, meaningful lives. We provide flexible, personalised support for individuals with learning disabilities, autism, mental health needs, physical disabilities, and complex health or behavioural needs.

Whether someone requires just a few hours of support each week or a fully-staffed 24-hour package, our approach centres on autonomy, dignity, and choice. We work in partnership with individuals, families, local authorities, housing providers, and multi-disciplinary teams to ensure each person receives the right support in the right way.



WHAT OUR SUPPORTED LIVING SERVICES INCLUDE

Building Daily Living Skills

- ♥ Cooking, cleaning & home management
- ♥ Budgeting, shopping & life admin
- ♥ Personal safety & community awareness

Emotional & Behavioural Support

- ♥ One-to-one guidance and reassurance
- ♥ Support for managing emotions, anxiety, or challenging situations
- ♥ Consistent routines and structured support plans

Community Access & Inclusion

- ♥ Support to attend social activities and groups
- ♥ Help accessing local services and public transport
- ♥ Building confidence to safely navigate the community

Education, Employment & Volunteering

- ♥ Support with job applications and CV preparation
- ♥ Building workplace skills and confidence
- ♥ Assistance with college, training, or volunteering placements

Health, Medication & Wellbeing

- ♥ Medication prompts or administration
- ♥ Support with appointments and health monitoring
- ♥ Encouraging healthy routines and lifestyle choices

Personal Care (Where Required)

- ♥ Sensitive, respectful support tailored to individual preferences
- ♥ Assistance with washing, dressing & bathroom routines



WHO SUPPORTED LIVING **IS FOR**



Supported Living is ideal for adults who want to live independently but need varying levels of support to manage daily life safely and confidently.

This includes individuals:



With learning
disabilities



With autism or social
communication needs



With mental
health conditions



With physical
disabilities



With long-term
or complex
support needs



Transitioning from
residential care or
family homes

WHY CHOOSE SUPPORTED LIVING?



Promotes independence
and personal achievement



Flexible support—hours
to 24/7 packages



Focuses on strengths,
abilities, and life goals



**Encourages community
participation** and
social inclusion



**Builds long-term
confidence and
resilience**



**Creates stable, safe,
and empowering
home environments**

OUR PROMISE

We help people live
the lives they choose —
safely, confidently,
and proudly



ABOUT US

Led by Decades of Clinical, Regulatory & Healthcare Leadership

Voss Care Group was founded with a clear purpose: to raise the standard of homecare, supported living and community support across the UK. Our leadership brings **over 40 years of combined experience** across nursing, public health, CQC regulation, clinical advisory services, and healthcare quality improvement.

Our services are shaped and overseen by **Blessing Mati Gwindi**, a highly experienced healthcare and regulatory professional with more than 20 years' experience across nursing, safeguarding, public health, and clinical advisory roles. As a former Care Quality Commission (CQC) Primary Care Inspector, Blessing has inspected GP practices, private clinics, hospitals, and social care services, leading safeguarding enquiries, governance reviews, and risk-based inspections. This regulatory insight ensures that Voss Care Group is built on exceptional compliance standards and a culture of safe, high-quality care.

Working alongside her is **Garikayi Furamera**, an accomplished healthcare strategist with an extensive background in healthcare regulation, commissioning, service design, and NHS stakeholder engagement. His experience includes senior roles at the Care Quality Commission (CQC), the National Institute for Health and Care Excellence (NICE), and multiple NHS organisations. He has led policy development, service improvement programmes, enforcement decisions, complex inspections, and national guideline implementation. His expertise strengthens our commitment to evidence-based, outcome-focused care that genuinely improves lives.



Together, Blessing and Garikayi bring:

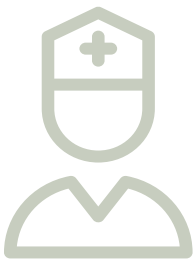
Deep regulatory expertise
ensuring consistent CQC
readiness and compliance
excellence

Clinical credibility
grounded in nursing,
health visiting, and
clinical triage

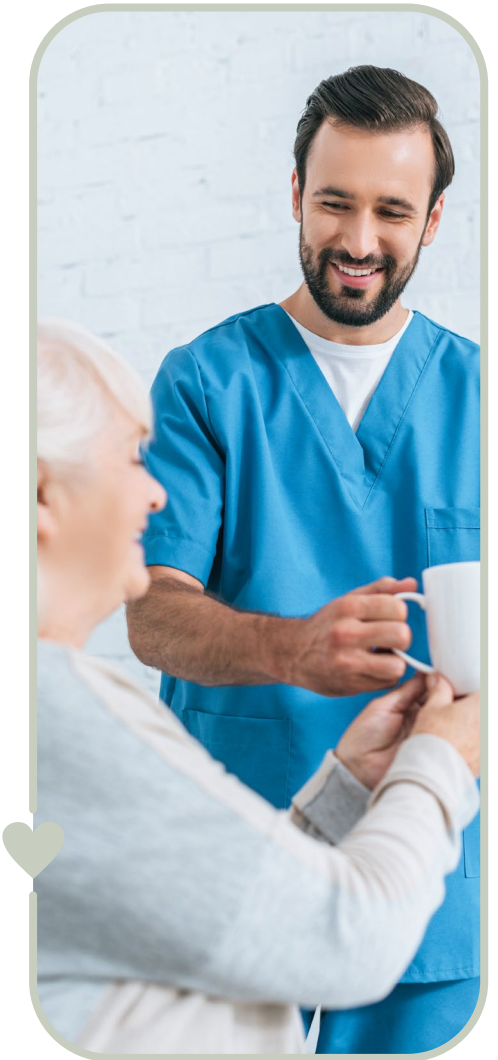
**Strategic healthcare
leadership** across NHS
commissioning, service
development, and
quality improvement

**Strong governance and risk
management capability**

**A commitment to evidence-based
practice and continuous improvement**



Under their leadership, Voss Care Group delivers a service built on compassion, professionalism, and accountability, ensuring every individual receives personalised care that is safe, respectful, and empowering.



OUR VISION

To become one of the UK's most trusted care providers, recognised for delivering outstanding care in homes and communities nationwide.

OUR VALUES

- ♥ Openness & Transparency
- ♥ Compassion & Empathy
- ♥ Dignity & Respect
- ♥ Safety
- ♥ Empowerment & Choice
- ♥ Collaboration & Community



We believe every person deserves to live well, feel supported, and remain connected to the life and people they love. **Voss Care Group exists to make that possible.**

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